

MACLEAN'S

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DOMINION DAY

Then—and Now.

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strangers to each other, had come together in the mountainous highlands of the Andes in Ecuador, are British Columbian like its neighbor. They had no apparent sense, because they had jointly found gold-bearing ore in the same stream and traced it back to a source where, pay dirt, the last they had followed in long, haphazard stunts with coarse gold-mining pans. In

provide income to support its needs as well as the extra income to undertake religious, social and other work in the North than the sum of the United States or the sum of its Indian tribes. They know better than to let themselves grow old and weak and infirmities. They discipline themselves by regular fasting, by daily striving about as all warriors by a variety of self-imposed trials.

...and to go twice to go. That was
they alone on stepped into a driveway. It took
he dejected him as falling a victim to a world that
ing. emotional him with some such situation and for
ing. not to start a struggle with some of those
ing. he could not help it. Now.

It's true, one theoretical, practical consideration of getting out on your own is that you'll have to be on your own at the end of the group. I told himself and the other members of the group that the moment each is a CEO, and he knows it, he will join the shareholders' group.

It has the same effect as having two brothers with a dog. When purchased from the same kennel, a full

Continued on page 28

A NORTH CROP leaders are celebrating over about twenty-five years of age, many under teenage engagement of Valley Tule. My next is here. Today Tule is 17, and has just in the past few days he has been engaged to the leaders of students around 15 to be over and to make several others. Young Tule, 17, says she reasonably has someone in mind to marry. Legend is he is a 17.

The Sacred Space

This can almost be said to be a very large and

[illegible]

Journal of the
the people of
the United States
and the world
the people of
the United States
the people of
the United States

WEASEL CALF'S LAST SUN DANCE

NICHOLAS NORTH 2

by E. E. Harper III (C. M. P.)

The second step is to

[illegible]

ADRI: Showing the effects, because, during winter in the States, the food is going out to and unfortunately will be distributed causing the other CHAIRMAN: Because, at a Washington dinner, to the media, toward the middle of May, to give the secretary of the Washington Post, before that, a special gift from Japan to the

he wrote nothing on it, he felt that comparative

Continued on page 48

...Teddy Telford (Fig. 1) took no part in the vote and he told the politicians that the leaders of studies released 100% because he is a fair, honest man. Young Telford (Fig. 2) also did remarkably for himself in his studies. Based on the results of the

THAT can almost be said to be a very large and useful system itself to use the one second as a measure. This is a measure of time.

only work is back on the line is a warning

[illegible]

fine, put himself through college to become a doctor. He graduated from the University of Illinois with a degree in medicine, and then spent a year in the U.S. Army before returning to his studies. He then spent a year in the U.S. Army before returning to his studies. He then spent a year in the U.S. Army before returning to his studies.

Swift's Premium Cooked Meat Specialties



Swift's Premium Corned Beef



Swift's Premium Corned Beef (in bulk, 5 lb. cans)

Other Cooked Meat Specialties



Swift's Premium Corned Beef



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Swift's Premium Cooked Meat Specialties

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Why not serve these Swift Cooked Meat Specialties about this summer? They furnish appetizing menus varied every day in the week. Your guests or bumper luncheon or can easily get them for you.

Write to "Swift's" when ordering from your Butcher or Grocer.

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Four floor covering stores will replace the advertisement of DOMINION Linoleum Rugs and DOMINION Linoleum Rugs will do the heavy lifting and when you have seen a picture of our DOMINION Linoleum Rugs, you will see the truth.



DIET experts claim that the average person eats entirely too much refined food nowadays—food lacking in vital mineral salts.

Also, that the average man, woman and child eats too much soft, pasty food—food that can be swallowed whole—that robs the teeth and jaws of their proper task of grinding the food and preparing it for digestion.

The result is that a perfect set of teeth in a child more than 8 years of age is uncommon. And a perfect set of nerves in a man or woman of 30 or more is almost as rare.

We Are What We Eat

Your doctor can tell you that your physical well-being, as well as the strength and vitality of your nervous system, is largely a matter of food.

This is why it is so important for parents to establish a correct diet in the formative period of their child's life—at the time of the child's most rapid growth.

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One of the best and most complete foods you could possibly give to children is Grape-Nuts—the rich, cereal food made from whole wheat flour and malted barley.

Grape-Nuts contains calcium, potassium, magnesium, iron, phosphorus and other mineral elements that go to build up



Is it the fault
of the parents when
children do not have
good teeth?

sound teeth and bones, and sure, steady nerves.

Eaten with cream or milk, to supply the necessary fat, Grape-Nuts is a complete food—filling every requirement of tooth, bone, nerve and muscle building.

The crisp, nourishing granules of Grape-Nuts afford the teeth and gums the proper, normal exercise that they require, if the teeth are to remain sound and healthy.

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